



# Sanathana Sarathi



JUNE 2008

# Sanathana Sarathi

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SATHYA • DHARMA • SANTHI • PREMA • AHIMSA

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Sri Sathya Sai International Centre for Sports

"Man should primarily  
develop truth and love. Then  
he will not resort to violence.  
Whatever spiritual practices  
like penance, Yajna, Yoga  
you may undertake, suffuse all  
of them with love."



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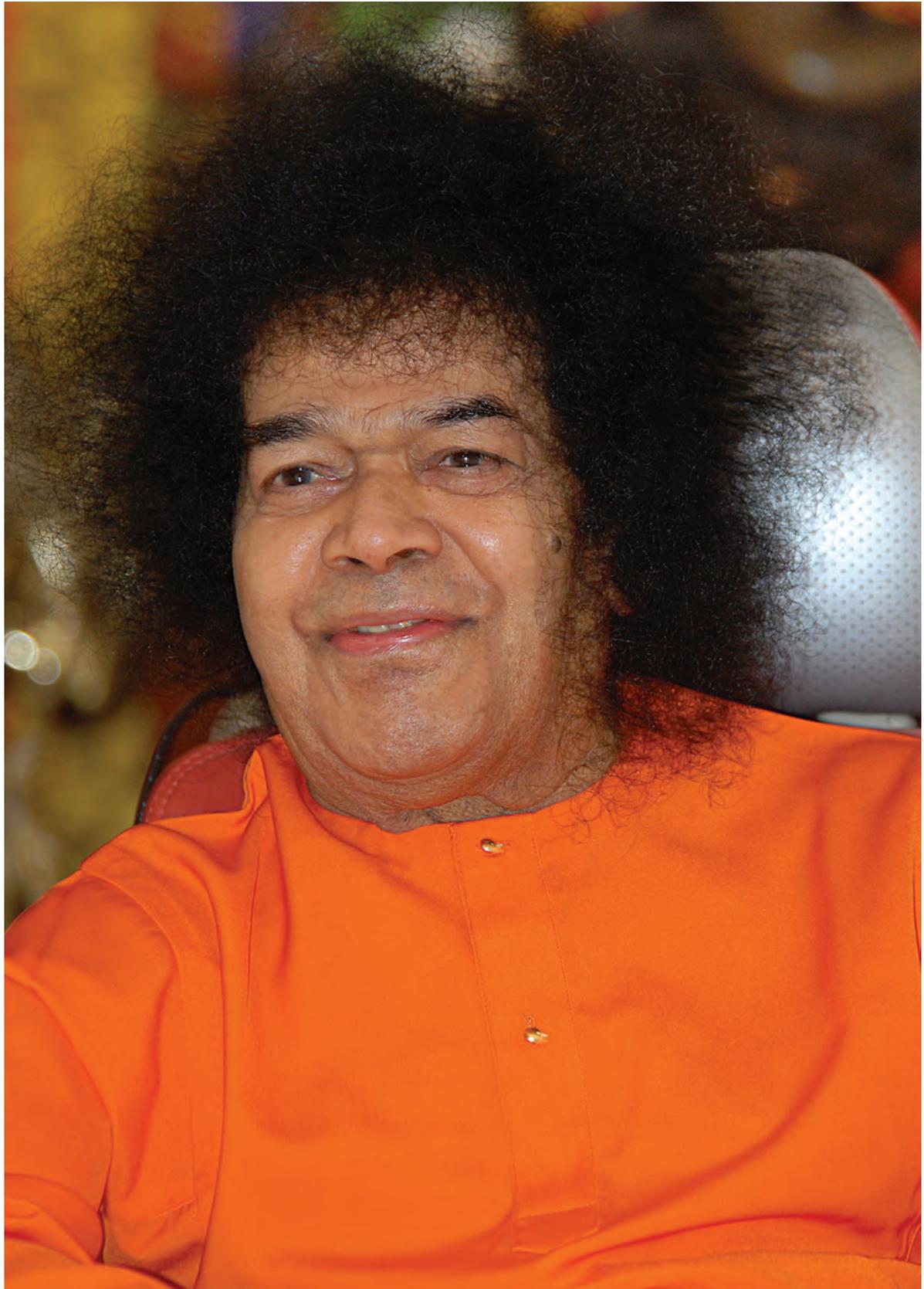
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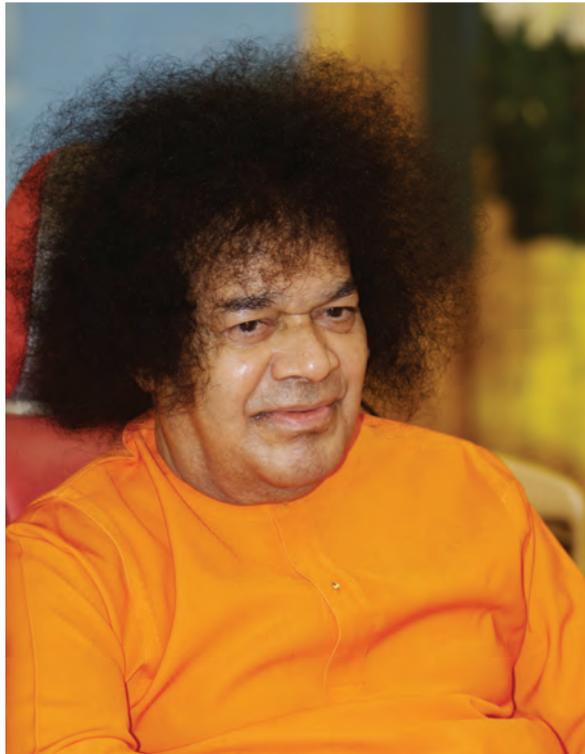




# NEVER FORGET YOUR PARENTS

*Students – Boys and Girls!*

**V**ENKATARAMAN HAS SPOKEN to you regarding today's function in a befitting manner. He is a very learned man who worked in the Bhabha Atomic Research Centre, Mumbai. He has



physical, mental and spiritual. Therefore, you are not one person but three – the one you think you are, i.e., the body, the one others think you are, i.e., the mind, the one you really are, i.e., the Atma (spirit). But your true form is the Atma, not the body or the mind.

*We should never think that the Vedas are only for the Hindus. The Vedas are for all. That which is one and universal is the Veda. The Vedas can alleviate all types of sufferings of man. Hence, it is good for everyone to learn the Vedas. Devotees from America come here and learn the Vedas. Many people in Russia and Germany also chant the Vedic Mantras both in the morning and evening. Since Hindus are not chanting the Vedic Mantras daily, they are forgetting them. Therefore, nobody should forget the Vedas. Veda and Vedanta are like your parents. You should always remember them and never forget them.*

done research in some scientific areas earlier pursued by Sir C.V. Raman. He is the winner of many awards.

Now, what can I say about the mother of this body? Man has actually three bodies –

## **Give Highest Respect to your Parents**

In the circumstances that prevail today, there are very few who respect their mother. Your mother carried you in her womb for nine

months and gave you birth after undergoing many difficulties and hardships. Forgetting such a mother is like forgetting God. This amounts to forgetting yourself. Mother is your first teacher. Your mother feeds and nourishes you. It is on the lap of your mother that you grow up and experience all types of happiness. None should forget the love that he receives from his mother. Your mother deserves your highest respect.

After the death of his mother, Sankaracharya performed her last rites in spite of being a renunciant. Many people criticised Sankaracharya, saying that he had committed an impropriety in spite of being a great scholar. Knowledge of scriptures is not that important, it is cultural refinement that has great value. Culture is that which brings about refinement. Hence, Sankaracharya told them, "Neither my mother is going to leave me, nor I am going to leave my mother. My mother and I are one forever. Bodies are different but the principle of the Atma is the same in both of us." Sankaracharya cremated the body of his mother in the compound of his house. Even today people of Kerala cremate their dead in their compound because they feel that when such a great person like Sankaracharya has done it, they should follow the same practice.

Physically your mother may not be with you, but your love for her should remain the same. Summer Course on Indian Culture and Spirituality was being conducted at Brindavan (Bangalore) in May 1972. At that time, Easwaramma, the mother of this body, had also come with Me. One day, after her breakfast, she had a cup of coffee. Suddenly, she shouted, "Swami, Swami, Swami." I said, "I am coming, I am coming, I am coming." Then she asked Me to come quickly and I came to her immediately.

She caught hold of My hands and breathed her last.

So long as there is life in the body, we should take care of it. When the life goes out of the body, it has no value. Truly speaking, who is the mother? It is the life principle that is the mother, not the body. Body is like a water bubble, mind is like a mad monkey. What for should we keep the body? Immediately, I asked for the car to be brought and sent her body to Puttaparthi. I remained in Brindavan. For the Summer Course, the students had come not just from one college but from various colleges of India. They all thought that Swami would not come to the class that day. But exactly at 9 o' clock, I entered the classroom smilingly. The students were surprised to see Me there. They all started thinking, "What is this? Swami's mother has passed away and He has come to the classroom!" Mother does not go anywhere. The body that was being addressed as 'mother' had left. But the mother is with Me only. Hence, there was no need to be sad. Therefore, I told the students to be happy and not to feel sorry that the mother of this body had left her mortal coil.

At that time, V.K. Gokak was also there. He was also surprised, thinking, "What? Swami is talking like this!" After all, what is this body? It exists when five elements are there in it. Body is like a bag containing five elements. When the five elements leave the body, it becomes an empty bag.

*The body is made up of five elements and is bound to perish sooner or later but the indweller has neither birth nor death. The indweller has no attachment whatsoever and is the eternal witness. Truly speaking, the indweller who is in the form of the Atma, is verily God Himself.*

(Telugu Poem)



We should attach significance to Dehi (indweller) and not to Deha (physical body). Everyone forgets the body when he goes to sleep. When you can forget it in your sleep, why can't you forget it forever? Hence, one should not have undue attachment with the body. All mothers and children should develop these feelings of detachment.

### **Worldly Relations are Temporary**

So long as the mother is alive, we should respect her, love her and make her happy in every possible way. There is no need to be sad when she leaves the body. Even here in Puttaparthi, people said, "What is this? Swami has sent the body of Easwaramma, but He Himself has not come!" What for should I go with the body? Body is only a vesture. It is like a leather bag. When the five elements leave the body, the five senses also go with it. Then why should we grieve over the lifeless body? I arranged for whatever was supposed to be done at the worldly level. I remained at Brindavan and conducted the summer classes happily. In this world, all the physical relationships are of our own making. Otherwise, who is related to whom? This relationship of mother and son is only at the physical level. The mother came, performed the task she was destined to perform and then left. I have to perform My duty. Therefore, I engaged Myself in the performance of the task for which I have come.

When we see the phenomenon of birth and death in this world, we can understand that the body is transitory and ephemeral. Do not ignore the well-being of the body. But we should not have undue attachment with the body. The relationship between husband and wife is there only after the marriage. Wife comes in the middle of



***Gambling is not good at all. Similarly, drinking of liquor is also not good. Addiction to drinking leads to loss of control over oneself. Under the influence of liquor, one may speak anything. One will have to repent when one comes back to one's normal state. Likewise, lust and anger are demonic qualities. Never allow them to come near you. In a fit of anger, you may say anything without considering its consequences. But after a few minutes, when you come to your normal state, you will feel sorry, "Alas! Why did I abuse like this?" Therefore, first and foremost kill the anger.***



your life but mother is there with you right from your birth. It is sheer foolishness to forget your mother who is with you since your birth and get entirely immersed in the love of your wife who comes in the middle of your life. Other relations like sons, daughters, grandsons, sons-in-law, etc., are also formed in the middle of one's life. In fact, all worldly relations are temporary; they come and go like passing clouds. You have connection with these relations so long as you exist. Where is the connection when you yourself are not there? Hence, do not form any relationships on the basis of the body. However, perform all duties which you are required to perform at the physical and worldly level with earnestness. Your conduct should be good and your actions should also be good. Never forget your mother; treasure her form in your heart. We come from the heart of our mother and our mother



should always be in our heart. Therefore, neither your mother ever leaves you nor you should leave her. Mother and children are united with each other for ever.

Wherever you may be, keep your heart suffused with the feelings of love for your mother. Once Narasimha Murthy came to Me and said, "My mother has passed away." I asked him, "Who has passed away – your mother or her body?" Then I told him, "Your mother is here. I am your mother (*loud applause*). It is the body that dies. Body is like a water bubble. Bodies come and go. Therefore, you should have no worry about the death of the body of your mother. I am here with you. Ask Me whatever you would have asked from your mother; I will give (*loud applause*). Hence, you should not feel sad at all." From then onwards, Narasimha Murthy is with Me. I give him whatever he wants. Mother, father and other relations are temporary – coming and going, coming and going. But God is not coming and going. He is always present. Therefore, it is only God who is present at all times (*loud applause*).

*Matha Nasthi, Pitha Nasthi,  
Nasthi Bandhu Sahodara,  
Artham Nasthi, Griham Nasthi,  
Thasmath Jagrata Jagrata.*  
(The relationships like mother,  
father, brothers, sisters



*Parents should occupy a place of prime importance in your life. Howsoever old they may be and howsoever difficult may be your condition, you should try to make your parents happy as far as it is possible for you. You should feed them even if you have to resort to begging. Bear all hardships to look after them. Fulfil all their desires. This will result in the fulfilment of your own desires. Everything in this world is reaction, reflection and resound. None can escape from these. If you cause hardship to your parents today, your children will do the same to you tomorrow. You will get back the result of your actions without much delay. You may love anyone you like, but do not forget your parents.*

and friends are not real. House and wealth are also illusory. Hence, beware! beware! (Sanskrit Verse)

The entire world is ephemeral and transitory. How many people have taken birth in this world? Are they all here



now? Death can occur in any manner; it has no one particular symptom. Death is death. Even if some symptoms of death are visible, we should not worry at all.

Never ever show disrespect to your mother. Never make her shed tears by your conduct. Keep her always happy. Her happiness will bring you all good things in life. But we should not worry at the death of our parents. Recently also I told that both My mother and father appear before Me. I keep seeing them. They smile on seeing Me; I also smile on seeing them. We should be happy when our parents smile. Small children smile at everyone. We also start smiling when they smile. Parents are also like small children. Mother always loves her children. Therefore, whatever high position we may attain in our life, we should never disrespect or look down upon our parents.

You should look after your parents and treat them with love and respect. Always consider them as God. Mother is God, father is God. That is why it is said, revere your mother, father, preceptor and guest as God. Mother gives you your body. Father provides the means of nourishment of the body and opportunities for your progress. Acharya (preceptor) gives you education and God gives you everything. Therefore, you should never forget these four and treasure them in your heart. Mother and father should be there in your heart always. Do not ignore them even if you are facing hardships. One who forgets his/her parents cannot be called a human being. How can you exist without your parents? They are the seed of your life, the very source of your life on earth. Therefore, parents should occupy a place of prime importance in your life. Howsoever old they may be and howsoever difficult may be your condition, you should try to make your parents happy

as far as it is possible for you. You should feed them even if you have to resort to begging. Bear all hardships to look after them. Fulfil all their desires. This will result in the fulfilment of your own desires. Everything in this world is reaction, reflection and resound. None can escape from these. If you cause hardship to your parents today, your children will do the same to you tomorrow. You will get back the result of your actions without much delay. You may love anyone you like, but do not forget your parents. Your parents would never forget you. Hence, you should also not forget them.

It is for this reason that I have come here straight from Brindavan. Earlier, people thought that Easwaramma Day might be celebrated at Kodaikanal. But I decided that I should be at Puttaparthi on 6th May, a grand function should be held here and poor people should be made happy by giving clothes and serving sumptuous food. Wherever I am, I perform this function in the same grand manner. We should never ignore poor people. We should always remember them and help them.

But some people out of their short temper abuse and ridicule them. This is a great mistake. If you ridicule them now, it will come back to you in future. You may be thinking you are ridiculing them but truly speaking you are ridiculing yourself. Never ridicule or insult them. Always love them. If you insult them before others, you will also be insulted by others. You cannot escape from reaction, reflection and resound. Difficulties come and go.

*Even the mighty Rama suffered the pain of separation from His consort Sita and cried like an ordinary person. Even the valorous Pandavas had to live in forest eating leaves and tubers.*

(Telugu Song)



How much power and valour the Pandavas possessed! Yet they had to live in the forest and bear all difficulties. What for? They were defeated in gambling. Similar will be the fate of all those who take to this wrong path.

### **Have Relationship only with God**

Gambling is not good at all. Similarly, drinking of liquor is also not good. Addiction to drinking leads to loss of control over oneself. Under the influence of liquor, one may speak anything. One will have to repent when one comes back to one's normal state. Likewise, lust and anger are demonic qualities. Never allow them to come near you. In a fit of anger, you may say anything without considering its consequences. But after a few minutes, when you come to your normal state, you will feel sorry, "Alas! Why did I abuse like this?" Therefore, first and foremost kill the anger. Rama killed many demons and demonesses because of their evil qualities of lust and anger. Whoever he may be, whether a male or a female, if he / she has the evil qualities of lust and anger, he / she is bound to suffer. Anger and lust are very bad for man. Love God. Adore Him and worship Him. He is your father, mother and everything. Have relationship only with God.

*Twameva Mathacha Pitha Twameva,  
Twameva Bandhuscha Sakha Twameva,  
Twameva Vidya Dravinam Twameva,  
Twameva Sarvam Mama Devadeva. (Oh  
Lord! You alone are my father and mother,  
friend and relation, wisdom and wealth.  
You are my everything). (Sanskrit Verse)*

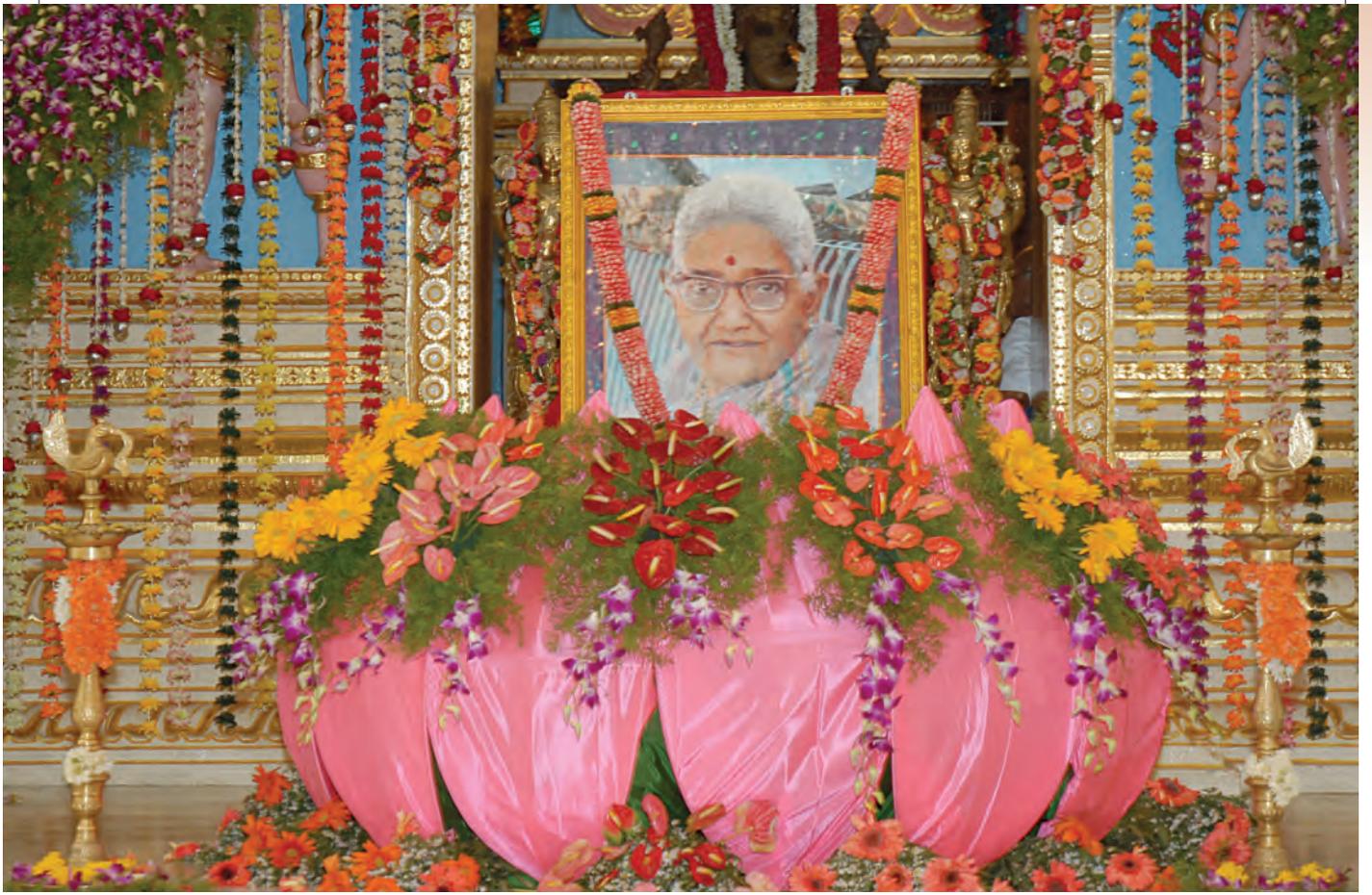
God will never leave you. He is omnipresent. All the worldly people whom you love are like passing clouds. They come and go. But God comes and grows. Therefore, love God and have faith in Him.

Only he is a true human being who has love for God. (Here Swami called a boy from Iran, who is a student of Sri Sathya Sai Primary School and asked him to chant Vedic Mantras.) See how beautifully this boy from Iran has chanted the Vedic Mantras! He is a Mohammedan boy. When you ask him his name, he will tell, "My name is Sathya." (Swami asked this boy – "What is your name? What are the names of your parents? Chant the Vedic Mantras nicely and learn all Vedic Mantras. Do you know Rig Veda?" The boy then recited Rudram and Sri Suktam with perfect intonation and pronunciation to the applause of the entire gathering.)

Everything is there in the Vedas. The essence of all the religions, viz., Hinduism, Islam and Christianity is there in the Vedas. The Christians also sing the glory of God in the same manner. The Mohammedans pray to God in the same way. Hence, God is one for all religions. There is difference only in names. The Muslims offer prayers to God five times in a day. The Hindus also pray to God in the morning and evening. We should never think that the Vedas are only for the Hindus. The Vedas are for all. That which is one and universal is the Veda. The Vedas can alleviate all types of sufferings of man. Hence, it is good for everyone to learn the Vedas. Devotees from America come here and learn the Vedas. Many people in Russia and Germany also chant the Vedic Mantras both in the morning and evening. Since Hindus are not chanting the Vedic Mantras daily, they are forgetting them. Therefore, nobody should forget the Vedas. Veda and Vedanta are like your parents. You should always remember them and never forget them. Therefore, students! Whatever

*Continued on page 183 ...*





*A beautiful portrait of Mother Easwamma adorned the dais in Sai Kulwant Hall.*

## CELEBRATIONS AT PRASANTHI NILAYAM

### Easwamma Day Celebrations

**D**EVOTEES AT PRASANTHI Nilayam had a unique blessing and special grace this year when Bhagavan graced the Easwamma Day celebrations at Prasanthi Nilayam after a gap of more than 20 years. In order to celebrate it in a most befitting manner, Bhagavan specially came back to Prasanthi Nilayam on 2nd May from Brindavan, Whitefield (Bangalore), where He had gone on 26th April 2008. A beautiful portrait of Mother Easwamma adorned the dais which was magnificently decorated

with fresh flowers. The Samadhi of Mother Easwamma and Pedda Venkama Raju, the earthly parents of Bhagavan, was beautifully decorated with floral and other attractive decorations on this occasion. Elaborate decorations were also done in Sai Kulwant Hall with buntings, festoons and flowers. Bhagavan came to Sai Kulwant Hall at 8.45 a.m., from where He proceeded to the Samadhi. Bhagavan arrived at the Samadhi amidst sweet notes of Nadaswaram, chanting of Vedic hymns and singing of Bhajans. While the devotees continued Bhajans in praise of Mother



*Worship was offered at the Samadhi of Mother Easwamma and Pedda Venkama Raju in the Divine Presence of Bhagavan who visited the Samadhi Mandir on Easwamma Day, 6th May 2008.*

Easwamma and Bhagavan, Bhagavan came inside the Samadhi Mandir where the mortal remains of His parents are interred. The family members then offered worship at the Samadhi of both Mother Easwamma and Pedda Venkama Raju. Garland, clothes and food offerings blessed by Bhagavan were made at the Samadhi of the parents and coconuts were broken by the family members as a mark of reverence. Meanwhile, Bhajans continued outside the Samadhi Mandir. At the end of this solemn ceremony, Arati was offered to Bhagavan.

Bhagavan came back to Sai Kulwant Hall led by the Nadaswaram troupe and Veda chanting group of students at 9.25 a.m. Soon after Bhagavan's return, Bhajans started in Sai Kulwant Hall. While the Bhajans continued, food blessed by Bhagavan was served to a large number of needy people who were seated in the Hall. Thereafter, clothes were also distributed to them. Food was served to all the devotees also on this occasion. At 10.25 a.m., Bhagavan received Arati which marked the conclusion of the morning programme.



*Food and clothes were distributed to a large number of needy people in Sai Kulwant Hall on Easwamma Day, 6th May 2008.*

In the afternoon, Bhagavan blessed the huge gathering of devotees in Sai Kulwant Hall with His Divine Discourse. Before the Discourse of Bhagavan, Dr. G. Venkataraman, former Vice Chancellor of Sri Sathya Sai University, addressed the gathering. Paying glowing tributes to Divine Mother Easwamma, Dr. Venkataraman observed that Mother Easwamma occupied the highest position as Mother of an Avatar in the history of mankind like the mothers of Lord Rama and Lord Krishna. He exhorted the devotees to follow the ideals set by Bhagavan and respect and obey their parents. Thereafter, Bhagavan gave His Easwamma Day message, emphasising the need for man to observe morality in daily life and to serve and love his fellowmen. (Full text of Bhagavan's Discourse has been given elsewhere in this issue.) The Discourse of Bhagavan was followed by Bhajans which were led by the students of Sri Sathya Sai University and followed in chorus by the entire gathering in Sai Kulwant Hall, saturating the environment with love, devotion and sweetness. At the end of the Bhajans, Prasadam blessed by Bhagavan was distributed to all. The function came to a close at 6.15 p.m. with Arati to Bhagavan.



## Devarishi Narada: A Play

Bal Vikas children of Bangalore (Karnataka) enacted this beautiful drama in Sai Kulwant Hall on 18th May 2008. The drama portrayed a panoramic life sketch of the divine messenger Narada, who traverses the three worlds, through various episodes related to his meeting Lord Ganesh and other great sages and Avatars like Valmiki, Veda Vyasa and Lord



*A scene from the drama "Devarishi Narada" enacted by the Bal Vikas children of Bangalore in Sai Kulwant Hall on 18th May 2008.*

Krishna. In the end, he met Lord Narayana who assured him that He would incarnate on earth to alleviate the sufferings of the people and guide mankind to the path of redemption and liberation.

The last scene showed the birth of Lord Narayana at Puttparthi and Narada announced that the Lord had descended on earth as Sai Narayana. Good acting of the children, excellent sets, appropriate costumes and efficient stage management made the drama an excellent presentation. The drama which began at 4.30 p.m. came to a close at 5.15 p.m. Bhagavan sat through the entire presentation, blessed the children in the end and posed for group photos with them. He also materialised a gold chain for the child who played the role of Narada. The drama

was followed by soul-elevating Bhajans. Meanwhile, Prasadam blessed by Bhagavan was distributed to the entire gathering in Sai Kulwant Hall. The programme came to a close with offer of Arati to Bhagavan at 5.55 p.m.

## Buddha Purnima Function

The sacred festival of Buddha Purnima was celebrated at Prasanthi Nilayam on 19th May 2008 with great piety, simplicity and solemnity. Devotees from Sri Lanka, Nepal, Malaysia, Singapore, Japan, Indonesia and Korea came to Prasanthi Nilayam to celebrate it in the Divine Presence of Bhagavan. The programme began at 5.10 p.m. with chanting of Om by the 19-member choir of Malaysian devotees after the Divine Darshan of Bhagavan in Sai Kulwant Hall. What followed this was a delectable programme of devotional songs saturated with devotion and love by the Malaysian choir members. The devotional songs were followed



*Malaysian choir presented a beautiful programme of devotional music in Sai Kulwant Hall on Buddha Purnima Day.*

by international Bhajans which suffused the entire milieu with divine vibrations. At the end of the programme, Bhagavan blessed the choir members and posed for photos with them. He also materialised a gold chain for the Malaysian choir leader amidst the joyous applause of the entire gathering of devotees in Sai Kulwant Hall. The programme came to a close with Arati to Bhagavan at

6.25 p.m.



## MAN WITHOUT MORALITY IS VERILY A DEMON

*Bharat is the motherland of many noble souls who earned great reputation in all the continents of the world. This is the land of many valorous people who could vanquish the enemies in the battlefield. This is the land of many learned people who taught the Vedas and other sacred scriptures to the people of other countries. But, unfortunately, the Bharatiyas today have forgotten the principles of spirituality and are taking to wrong path.*

(Telugu Poem)

**M**ATRU DEVO BHAVA, PITRU Devo Bhava, Acharya Devo Bhava, Atithi Devo Bhava (revere your mother, father, preceptor and guest as God) is one of the main teachings of the Vedas. Sathyam Vada, Dharmam Chara (speak truth, practise righteousness) is also the principal teaching of the Vedas. But these teachings of the Vedas are not seen or heard anywhere today.

### Base your Life on Truth and Love

Wherever we see in the world these days, greed and desires are on the rise. Even the people of other countries are also feeling the need of controlling the senses. Man today is accumulating sin due to the misuse of his senses. It is alright to have desires but they should be within certain limits. Man today has limitless desires. Moreover, everything is full of pollution these days. The water we drink, the food we eat and the air we breathe are all polluted. In fact, all the five elements have become polluted. Man's very life depends upon these five elements. How can man's life remain unaffected when all the five elements

are polluted? He appears to speak sweetly but his mind is full of bitterness. This is very bad. What is the purpose of human birth? Who is a human being? Human being is the embodiment of divinity. But if he takes to wrong path, how can he be called a human being? That is why it is hard to find a true human being today



**Love everyone. If you cannot love others, just keep quiet. But do not abuse them. In fact, nobody has any right to criticise others. It is the same love that is present in everyone.**

**Can love criticise love? No, no. Love never criticises. It always gives the experience of love to everyone. Even birds and animals love their offspring. Should man not love his fellow human beings? When he is endowed with so many good qualities, man should love his fellowmen. Only then can he become the recipient of God's love.**



anywhere. Even those with high education and big degrees, occupying high positions of authority cannot be called human beings if they lack truth and love. They, in fact, waste their money and time in acquiring this so-called high education which is without any essence. Acquiring high education, reading sacred books and undertaking spiritual practices like Japa, Dhyana, Yoga, Yajna – all these are a mere waste without developing truth and love, which man has completely forgotten today. Whosoever speaks anything, there is an element of untruth in it. As regards love, outwardly people appear to be smiling but inside there is only poison in them. How can one attain peace without truth and love?

Dharma comes from Sathya. Therefore, it is said, *Sathyannasti Paro Dharma* (There is no Dharma greater than adherence to truth). Where there are truth and righteousness, peace will come there automatically. Love can develop only in peace. Where there is love, violence cannot exist there. Then only can man perform all his actions at physical, mental and spiritual levels peacefully. Therefore, if you want to have peace, you should primarily develop love. If you want to have love, you should adhere to truth. But today man resorts to untruth even in small matters. On top of it, he is full of anger. Anger completely eclipses truth



*Develop truth and love. When you have both truth and love, then you will have peace. When you have peace, you can lead your entire life happily. You will not have hatred for anyone. You have hatred only when you lack love and truth. You should unite love and truth in your life. When you have love, you will love everybody; you will make everybody happy. Therefore, treasure love and truth in your heart and never forget them; not even in your dream.*

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in man. Man has taken birth not to raise a family or fill his belly but to redeem his life. If he acts contrary to this, he loses his humanness. A human being becomes divine when he frees himself from desires. Mother aspires to see the happiness of her children whom she has brought up bearing all hardships and difficulties. But, unfortunately, today people do not love their father and mother. In fact, they do not love anybody.



## *Embodiments of Love!*

Wherever we see in this world, we do not find even a trace of peace anywhere. We do not find peace even in flower sellers, vegetable vendors and firewood sellers. Where is peace? Peace is only within us. It is there in our speech and in our heart. It cannot be found outside. Whatever spiritual practices like Japa, Yoga and Yajna we may undertake, they cannot provide us peace. First and foremost, we should make our heart steady and peaceful. We find only conflicts wherever we see in this world. Even intimate friends who have love for each other quarrel on trivial issues. In fact, one cannot find a true friend in this world. Evil qualities of our heart are responsible for these conflicts. Therefore, make your heart pure, not the physical heart but the spiritual heart. There should not be even a trace of impurity in it.

### **Only God Can Give you True Happiness**

People today are accumulating a lot of money. But, what for? What will they take with them when they go? They have to go only empty-handed. They have to leave even their body here when they go. Five elements merge with five elements. Then the empty body is cremated. Therefore, one should not be proud of one's body or wealth. *Money comes and goes, morality comes and grows.* We should develop morality. In spite of his high education, man today has lost his morality. One bereft of morality is not a human being at all. In fact, he is a demon in human form. Where there is no morality, there can be no humanness. Respect your elders, show gratitude to your parents. But people today lack such feelings of gratitude and respect, thinking, "Why should we respect our elders? Why should we love them?" Wherever they go, they crave for money and more money!



***Whatever anybody says about you, let him say. Think that he is not criticising you but himself. Whatever he may speak, it will go into thin air. What is the use of reacting to that speech which goes into thin air? Only love reaches the heart. What sort of thoughts should you have? Your thoughts should be permeated with truth. You can experience love only when your thoughts are truthful. Hence, lead your life with love and end your life with love. Whatever you do to others, in fact, you do to yourself. Be it good or bad, help or harm, everything is the result of your own Sankalpas (thoughts).***



What is our true wealth? Love is our true wealth. When we acquire this wealth of love, we can have everything. We can catch even clouds in our hands.

Everything is there in the hands of man and all gods are present in him. In fact, he is nothing but divine from foot to head. All worldly things are like passing clouds, which come and go. To feel proud of these passing clouds is a great mistake. At the time of speaking, we speak anything. But when it comes to putting into practice, our actions do not match with our words. This is a great sin.

Oh people! There is nobody in this world who can give you happiness except God. God alone protects you in every way. You should always contemplate on Him. You will be free from all sorrows when you constantly contemplate on God. Some people make fun of you and ask, "You are always saying, God, God, God ... but, what



has He given to you?" It is God who gives you everything. It is God only who rewards you, punishes you and protects you. Everything is God. *Ekam Sath Viprah Bahudha Vadanti* (truth is one, but the wise refer to it by various names). We give this or that name to God only for our satisfaction. In fact, all names are His. We should install Him in our heart permanently. Whatever difficulties come to you, accept them as the Will of God. Nobody knows what for God gives difficulties. Think that difficulties are for your happiness. *Na Sukhat Labhate Sukham* (one cannot derive happiness out of happiness). *Pleasure is an interval between two pains*. Man's mind is responsible for all his difficulties. When man's mind is troubled, he finds troubles everywhere. Even he gets disgusted with his life. He starts feeling that his life itself is a waste. Man's mind and his desires are the cause of all this.

Do not hurt or harm anybody. Love everyone. Serve everyone. You will derive immense benefit from it. If you help anybody, this help itself will help you. This type of help is not to be seen in this world today. Wherever you go, there is self, self, self and mine, mine, mine! Man has become so self-centred that he forgets everyone except himself and his near and dear ones. *Viswam Vishnu Swarupam* (the entire universe is the embodiment of Lord Vishnu). Man is not a mere mortal; he is divine. Therefore, consider everyone as divine. Do not harm or hurt anyone physically or mentally. Some people derive some sort of satisfaction by hurting others. But they have to suffer the consequences of their actions in future. They are unable to realise what difficulties they will have to face. Whatever you eat, you get the belch of that only. If you eat cucumber, you cannot have the belch of mango.

So, whatever you do, you

are bound to experience the consequences of it. Therefore, see good, do good, say good, be good and experience good results. Whatever God says, it is all for your good only. Krishna said, "Arjuna! You are worried because of your delusion. This war has come for your victory only. This victory is for what? This victory is to show divinity of man."

### **Love Everyone and Receive God's Love**

#### *Embodiments of Love!*

All your difficulties are like a mirror. They reveal your true form. You harbour all types of desires and consequently undergo many sufferings. Therefore, give no room to desires. Your unlimited desires are the cause of all your difficulties. There can be no effect without cause. No sapling can grow without a seed. Therefore, seed has to be there which grows into a huge tree. Whomsoever you come across, consider him as your own. Identify yourself with him. Develop this feeling more and more. Who are you? You say, "I am such and such." What is your name? You say, "My name is Nagappa." In this manner, everybody has a different name. Even if the entire world asks God, "Who are You?", He will say, "I am I", "*Aham Brahmasmi*" (I am Brahman). In fact, the entire world is permeated by Brahman. You cannot find anyone in this world in whom Brahman is not present. So, whomsoever you criticise or praise, it reaches God. When you criticise God, you cannot escape its consequences. Hence, never criticise God. Whatever anybody says about you, let him say. Think that he is not criticising you but himself. Whatever he may speak, it will go into thin air. What is the use of reacting to that speech which goes into thin air? Only love reaches the heart. What sort of thoughts should you have?

Your thoughts should be



permeated with truth. You can experience love only when your thoughts are truthful. Hence, lead your life with love and end your life with love. Whatever you do to others, in fact, you do to yourself. Be it good or bad, help or harm, everything is the result of your own Sankalpas (thoughts). Therefore, love everyone. If you cannot love others, just keep quiet. But do not abuse them. In fact, nobody has any right to criticise others. It is the same love that is present in everyone. Can love criticise love? No, no. Love never criticises. It always gives

with truth. Never resort to untruth. You can have love only through truth. Where there are truth and love, there is peace. Where there is peace, there is non-violence. Therefore, man should primarily develop truth and love. Then he will not resort to violence. Whatever spiritual practices like penance, Yajna, Yoga you may undertake, suffuse all of them with love.

God is your true relation. He comes to you in the form of your son, your daughter, your friend and all other relations. God is your true

*People are accumulating a lot of money. But, what for? What will they take with them when they go? They have to go only empty-handed. They have to leave even their body here when they go. Five elements merge with the five elements. Then the empty body is cremated. Therefore, one should not be proud of one's body or wealth. Money comes and goes, morality comes and grows. We should develop morality. In spite of his high education, man today has lost his morality. One bereft of morality is not a human being at all. In fact, he is a demon in human form.*



the experience of love to everyone. Even birds and animals have love. Should man not love his fellow human beings? When he is endowed with so many good qualities, man should love his fellowmen. Only then can he become the recipient of God's love. Therefore, love everyone and attain the love of God. Combine your love

relation in all your difficulties. That is why He is called Apadbandhava (a relation in times of difficulty). But how should we deal with this relation? We should not deal with this relation at physical level.

Here is a small example. Immediately after marriage,



the husband and wife develop intimate relationship. They say to each other, "You are me and I am you." But after a week, there is a change in the relationship; then wife is wife and husband is husband. Soon after the marriage, when the husband and wife go out together and the husband sees a thorn on the way, he gets very much concerned that it may hurt his wife. On seeing it, he shouts, 'thorn, thorn, thorn' and pulls his wife away to save her. There is so much love and concern! They go to bazaar after a week. There the husband sees another thorn and says to his wife, "There is a thorn; can't you see with your eyes?" After some more days, when he sees another thorn, he shouts in anger, "Are you blind?" There is a change in this love just in a few days. If we repose our faith in this love and lead our lives in this type of love, then how long can we live? This love changes in just a few days. Physical love is no love at all. The two bodies are like two water bubbles. Both are filled with air. This will burst and that will also burst. When the bubble bursts, air will merge with air. Therefore, this type of love is not what we should aspire for. Heart to heart love is important. It is this heart to heart love that reaches God.

### **Community Bhajans Benefit all Participants**

Here so many people have come to participate in Bhajans. Do all of them have Sraddha and Bhakti (steadfast faith and devotion)? Can all of them get Mukti (liberation)? No, not at all. Out of all these people, the prayers of merely ten people may reach God. Community Bhajans are organised with the hope that out of the large number of people participating in them, the love of a few of them may reach God. Bhajans are also meant to develop love

for God in the community at large. Guru Nanak started the practice of community singing. When somebody asked him, "So many people are singing together. Will God listen to all of them?", he replied, "It is possible that the love of at least one or two persons will reach God. That is enough to protect all of them." Therefore, we should conduct Samashti Bhajans (community singing). Samashti (community) is formed by Vyashti (individuals). When many individuals come together and form a community, then their Pushti (strength) increases. Parameshti (God) has not created Srishti (creation) just for fun. He has done this to manifest the unity of all creation. Unity is the underlying principle of creation. It is meant to promote the principle of love in all. But, unfortunately, political parties today are dividing people on party lines. Four persons belonging to the same family are taking to four different ways and partition the house into four sections. This is very bad. Even if there are four hundred persons in a family, there should be unity among them. Everyone should help his neighbour. All should help each other. Then only can there be harmony in creation. Otherwise, the creation loses its purpose.

You should take part in Bhajans wholeheartedly and sing the glory of God. Even if you are not able to do any other spiritual practice, chant the name of God. That is enough. (Here Swami sang the Bhajan, "*Hari Bhajan Bina Sukha Santhi Nahin ...*" and continued His Discourse.) You cannot attain peace and happiness without Bhajan. Peace can be attained only through Bhajan and not by any other means. "*Hari Nam Bina Ananda Nahin*" (You cannot attain bliss without chanting the name of Hari (God)). "*Japa Dhyana Bina Samyoga Nahin*" (You cannot have union with God without



performing Japa and Dhyana). What does Yoga mean? It is not merely to sit still with closed eyes. What does meditation mean? It is not remembering God with closed eyes. You should install God in your heart. Do not think that you are different from God. You should become one with God. Ardhanareeswara (Androgynous) form of God symbolises this truth. This form represents both man and woman. One is Jiva (individual soul) and the other is Daiva (Brahman). True liberation signifies the unity of Jiva and Daiva. Where there is Jiva, there is Daiva. Therefore, there is no need to run after God. God is present in all Jivas (individuals). Do not consider yourself merely a Jiva; think that you are Daiva. You consider yourself a Jiva because of your body attachment. You should not do that.

The same Atma is present in all. When you take the Atmic principle into consideration, all are one. So many individuals are present in this Hall. The Atma in all of them is one and the same. There is one sun in the sky. It gives light to the entire world. Similarly, God is like the sun who illumines the life of everyone. We engulf ourselves in darkness when we criticise others. Therefore, love all and serve all. If someone abuses us, let him do so. Abuses will merge in thin air. Therefore, always think that nobody can criticise you. Have faith that God will always protect you. Develop unflinching faith in God. There are many people who deny the existence of God. If there is no God, where have you come from? What is the place of your origin? If you don't have faith in God, all your life becomes a waste.

### **Always Remember God**

Therefore, embodiments of love, develop truth and love. When you have both truth and love, then you will have peace. When you have peace, you



***Dharma comes from Sathya. Therefore, it is said, Sathyannasti Paro Dharma (There is no Dharma greater than adherence to truth). Where there are truth and righteousness, peace will come there automatically. Love can develop only in peace. Where there is love, violence cannot exist there. Then only can man perform all his actions at physical, mental and spiritual levels peacefully. Therefore, if you want to have peace, you should primarily develop love. If you want to have love, you should adhere to truth.***



can lead your entire life happily. You will not have hatred for anyone. You have hatred only when you lack love and truth. You should unite love and truth in your life. When you have love, you will love everybody; you will make everybody happy. Therefore, treasure love and truth in your heart and never forget them; not even in your dream. Dreams are only the reaction, reflection and resound of the waking state. Whatever you do in daytime, it comes into your dreams at night. Dreams are like passing clouds. Do not run after them. Hold on to God who is true, eternal and changeless. When you hold on to God, you can accomplish anything. Then you will have no fear and no worries. Let people talk whatever they like. Do not bother about it. Think that they are criticising your body and not you. Do not give undue importance to your body. You are not the body. When you say, "this is my body," then you should question yourself, "who am I?" This 'I' is not the individual 'I'. It is the fundamental 'I'. It is



not merely related to a particular individual. It is related to all. The symbol of Christianity (†) signifies the cutting of the individual 'I'. Only when you cut the individual I can you attain divinity. Hence, give up the narrow feeling of I and mine. You say, "Naa Koduku," "Naa Bidida," (my son, my daughter). Here 'Naa' means no; it signifies nothing. Only God is with us always. Everything is God. You should always remember Him. Do not waste even a single moment. Waste of even one moment is a very big wastage. If you think of God even for a moment, you will experience so much bliss. When you are in the grip of sorrow, close your eyes and remember God. This will give you peace. Do not feel sad or miserable for anything. Face all situations with courage and fortitude. Courage and fortitude are your true strength. In this way, being devotees of the Lord, you should contemplate on Him every moment of your life. (Bhagavan sang the Bhajan, "*Rama Rama Rama Sita ...*" and continued His Discourse.)

Students sing the Bhajan, "*Kausalyatmaja Rama Charan, Vaidehi Priya Rama Charan, Bharatarchita Sri Rama Charan, Ahalyodharaka Rama Charan, Hanumatsevita Rama Charan*" (Always worship the Lotus Feet of Rama, son of Kausalya, which are dear to Sita, are worshipped by Bharata and served by Hanuman, and which redeemed Ahalya). All the five persons mentioned in this song are very dear to Rama. In this way, every Avatar selects some fortunate persons for His special grace. The persons so selected are those who have effected total surrender. Rama was the very Atma of Mother Kausalya. Rama said, "Kausalya gave Me birth. Without Kausalya how could I incarnate? So, My mother is My God." The second line of the song is "*Vaidehi Priya Rama Charan*". Vaidehi means one who has



***Everything is there in the hands of man and all gods are present in him. In fact, he is nothing but divine from foot to head. All worldly things are like passing clouds, which come and go. To feel proud of these passing clouds is a great mistake. At the time of speaking, we speak anything. But when it comes to putting into practice, our actions do not match with our words.***



transcended body attachment. The next line is "*Hanumatsevita Rama Charan*". Hanuman always thought of Rama only and constantly recited "Rama, Rama, Rama". The sound of "Rama, Rama, Rama" emanated from every pore of his body. Once Rama asked him what he was contemplating upon. Then Hanuman said, "Swami! Every hair of my body recites Your name!" Saying so, he plucked a hair from his body and brought it close to the ear of Rama. Rama Himself heard, 'Rama, Rama, Rama' emanating from it. Therefore, while contemplating on the name of God, our entire being should be permeated by divine consciousness. Our every thought, every word and every action should be suffused with the name of God. Then only can we truly become divine. *Daivam Manusha Rupena* (God is in the form of a human being). God incarnates in human form. One who recites the name Rama or any other name of God constantly is a true human being. Even an atheist would say, "Ayyo Rama!" when he is in pain. One says, "Abba Rama!" when one is hurt or wounded. Therefore, everybody has to utter the name of God at some time or the other.

We should always remain



immersed in the name of God. Recite any name of God – Rama, Krishna, Allah, Jesus. God is called by many names, but He is one. There are many sweets like Mysorepak, Gulab Jamoon, Burfi, Palakova, Jilebi. But it is sugar only which imparts sweetness to all of them. Similarly, in all the names, the divine principle is the same.

I am one but I am present in everyone in all forms. There is unity in My creation but you see diversity because of your defective vision. You should see unity in the creation. You should not go by your vision. Your eyes see both good and bad. When there is a defect in one's eyes, one sees two things instead of one. Defect lies in your vision. Truly speaking, God is one. Chant any name but chant it with love. When you chant the divine name with love, you will experience love everywhere.

– From Bhagavan's Divine Discourse in Sai Ramesh Krishan Hall, Brindavan, Whitefield (Bangalore) on 1st May 2008.

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you may study, you should never forget God. Only then can you attain peace. People say, "I want peace." There can be no peace without Bhajan. (Here Bhagavan sang the Bhajan, "Hari Bhajan Bina ..." and continued His Discourse.)

Many people perform Yajnas for the sake of peace. Wherefrom can you get peace? It is within you only. It does not come from outside. What come from outside are only pieces, pieces, pieces! Peace comes from our heart only. You should do Bhajan to attain peace. Only Bhajan can give you true peace.

– From Bhagavan's Easwamma Day Discourse in Sai Kulwant Hall, Prasanthi Nilayam on 6th May 2008.



*Your consciousness is the lamp.  
Pour into it the oil of grace;  
trim the wick of self-control.  
Keep in position the chimney  
of Namasmarana, so that  
the gusts of joy and grief may  
not put out the flame. Light  
the lamp with a Mahavakya  
(profound statement) like Aham  
Brahmasmi (I am Brahman).  
Then you will see light and you  
will shed light.*

– Baba

# NEWS FROM SAI CENTRES

**S**AI EDUCATIONISTS ALL OVER the world are preparing for Sri Sathya Sai World Education Conference to be held at Prasanthi Nilayam from 20th to 22nd July 2008. The conference theme will be: Principles, Authenticity, Accountability and Service to Mankind. This will be a unique opportunity for Sai educationists everywhere to contemplate deeply on the spiritual teachings of Bhagavan Sri Sathya Sai Baba which have inspired and guided Sri Sathya Sai Education movement throughout the world. The objective of this conference is to establish a universal understanding of these principles so that these could be applied authentically in all Sai Education programmes everywhere. Organised jointly by Sri Sathya Sai World Foundation and the All India Sri Sathya Sai Organisation, the conference will bring together Sai educationists active in SSEHV, SSE teachers and teacher-trainers, educators in Sathya Sai Schools and Institutes and leaders of Sathya Sai Organisations from India and more than 80 overseas countries.

More than 80 national and regional Sri Sathya Sai Pre-World Education Conferences are being held in countries around the world in preparation for this conference. This issue carries highlights of Sri Sathya Sai Pre-World Education Conferences held in different countries.

## UNITED STATES

Thirty-five Sai educators, young adult leaders and senior office bearers from the

United States gathered in Los Angeles on 3rd May 2008 for Sri Sathya Sai Pre-World Education Conference convened by Dr. David Gries, Zone Chairman of the Sri Sathya Sai Organisation in North America, in preparation for the World Education Conference in July.

Dr. Michael Goldstein, Chairman of Sri Sathya Sai World Foundation, discussed the themes of the July Conference – Principles, Authenticity, Accountability and Service to Mankind – and stressed the need for unity. Dr. Narendranath Reddy, Director of Sri Sathya Sai World Foundation, also spoke about the need for unity and extolled Sathya Sai Educare as a way to help people

## SRI SATHYA SAI PRE-WORLD EDUCATION CONFERENCES



*Deliberations of Sri Sathya Sai Pre-World Education Conference in progress on 3rd May 2008 in Los Angeles, U.S.A. in which 35 delegates took part.*

to understand and practise the five human values, the underlying value being love. Dr. William Harvey of the Prasanthi Council also added insightful comments. These inspiring

talks set the tone for the rest of the meeting, encouraging all to work together in unity.

Dr. Ronne Marantz, member of the Education Committee of the Sri Sathya Sai World Foundation, provided perspective on the evolving core syllabus. Smt. Berniece Mead, National SSE Coordinator, and Smt. Bea Flaig, National Coordinator for SSEHV, reviewed the long and rich history of educational programmes in the U.S. and facilitated discussions on how to meet challenges facing the programmes. Smt. Doris Hampton, the Community SSEHV Coordinator, provided a stimulating example of educational programmes working in cooperation with the community that had been widely recognised. The last part of the meeting was devoted to a discussion of creating a U.S. Institute of Sathya Sai Education.

### CANADA

Canada organised its Sri Sathya Sai Pre-World Education Conference in Toronto on 26th April 2008. A total of 138 delegates came



*A section of the delegates attending Sri Sathya Sai Pre-World Education Conference held in Toronto, Canada on 26th April 2008. A total of 138 delegates came from all parts of Canada to participate in the conference.*

from all over Canada to participate in the conference. The conference began with Dr. V.P. Singh, Central Coordinator for Canada,

welcoming the delegates and introducing the concept of Sathya Sai Educare. Sri T.R. Pillay, former Principal of Sathya Sai School in Toronto, then gave a succinct review of the Global Overview of Sathya Sai Education, focusing specially on the future perspectives, and emphasising how all should work in unity to achieve the highest goals of education espoused by Bhagavan. Dr. David Gries, the Zonal Chairman, emphasised the importance of suffusing all educational programmes with Bhagavan's love which was the undercurrent of all human values. Dr. M.V. Kanchana, National Education Coordinator for Canada, explained the theme of the conference and introduced the four topics of the World Conference: Principles, Authenticity, Accountability and Service to Mankind. This highly interactive conference brought out the unity and love underlying all Sai education programmes and underscored the close relationship between educational and other activities of the Sai Organisation. The participants finally articulated some questions for consideration at the World Conference.

### U. K. and IRELAND

The United Kingdom Sri Sathya Sai Pre-World Education Conference was held on 19th April 2008 at Sathya Sai School in Leicester – the 'Midlands' area of England. The event brought together 106 participants from the U.K. Sathya Sai Organisation, the British Institute of Sathya Sai Education (BISSE) and the Sathya Sai School in Leicester. The U.K. National Chairperson of the Sathya Sai Organisation, Rev. Rosemary Perry, opened the conference.

After a meditative and inspiring film on Educare, presented by the National Youth Coordinator, Mathan Arulvel, five key speakers addressed the participants. Sri Ishver Patel,

Central Coordinator for the U.K. and Ireland highlighted the Regional Education Consultation held in England in January 2007, the National Sathya Sai Education Conference held in September 2007, and finally the objectives of the present Pre-World Conference – all preparing the Sai educationists in the U.K. and Ireland for the World Education Conference in July 2008. Smt. Carole Alderman followed this with a brief account of BISSE activities and an update of recent changes in its administrative structure. Dr. Prabodh Mistry, the representative for Sathya Sai Schools to the UKCC, gave an update and overview of the Sathya Sai School in Leicester. Smt. Lakshmi Puvanendran presented a succinct and comprehensive account of every aspect of SSE in the U.K. and Sri Jiten Patel, Head of Training in BISSE, summarised SSEHV in both the community and in wider society, and described resource development and training.



*A Sri Sathya Sai Pre-World Education Conference was held on 19th April 2008 in Leicester, U.K., which was attended by 106 participants. The conference was followed by four workshops on the themes of the conference: Principles, Authenticity, Accountability and Service.*

This was followed by four workshops on the theme: Principles, Authenticity, Accountability and Service. The programme closed with

a human values song from one of BISSE's repertoires and sung in unison: "Happy are they who in Friendship, Willingly Work Together."

## GERMANY

A National Sri Sathya Sai Pre-World Education Conference was held in Bad Wildungen on 5th April 2008 with the



*Bhagavan Sri Sathya Sai Baba's teachings which form the foundation of Sathya Sai Educare were discussed in the Pre-World Education Conference and workshops held in Bad Wildungen, Germany on 5th April 2008.*

participation of national and regional SSE coordinators, teacher-trainers of the ESSE Institute, young adult coordinators and teachers who are implementing human values in their classes and conducting SSEHV programmes all over the country. More than 30 participants took part in this conference. The meeting was inaugurated by the Central Coordinator, Petra von Kalinowski, followed by her detailed presentation of the "Global Overview of Sri Sathya Sai Education". Another presentation laid stress on the "Sathya Sai Schools all Over the World" and gave some vivid examples of their educational programmes.

In different workshops, the participants reflected upon Bhagavan Sri Sathya Sai Baba's teachings which form the foundation

of Sathya Sai Educare. Another session was devoted to the issue of maintaining authenticity in Sai Educational Programmes and the accountability of the teacher's work and how all these could contribute to the service of mankind which epitomises Bhagavan's teaching of "Love All, Serve All".

### SPAIN

Twenty-nine participants from the mainland/ Balearic Islands and Canary Islands joined a Pre-World Education Conference held in Madrid on 19th and 20th April 2008. The speakers pointed out that Sai educationists in Spain had been active with educational programmes for the past 30 years and this conference had served well to unite all of



*The Pre-World Education Conference held in Madrid, Spain on 19th and 20th April 2008 analysed the progress made in the area of Sathya Sai Education in different parts of the country and gave new insights to the delegates.*

them. It was a delightful surprise to many to be aware of the progress and achievements that had been made in the area of Sathya Sai Education in different parts of the country and how this had helped in their individual transformation. Everyone felt that the Pre-World Conference

had given a new momentum in the area of Sai Education.

### SOUTH AFRICA

Organised by the Sathya Sai Institute of South Africa, the South African Sri Sathya Sai Pre-World Education Conference was held in Durban on 17th February 2008 and was attended by about 600 delegates. Delegates included the Institute faculty members, principals and teachers of all four Sathya Sai Schools, Sathya Sai Education Council members, members of the Boards of Management of Sathya Sai Schools and eminent educationists.

Among the recommendations made were: to encourage more qualified youth to join SSE Teacher Training Courses; to set up a Teacher Resource Centre to facilitate teacher training courses in other parts of the country, namely, Cape Town, Johannesburg and the Natal Midlands area. In the area of SSEHV, it was resolved to adopt a State School and to introduce Bhagavan's Educare principles into the teaching process, to train 220 public school teachers this year, and to address the specific needs of children with learning disabilities.

### MAURITIUS

A Pre-World Education Conference was held on 27th April 2008 at Anandam, Mauritius which was attended by 200 participants. Notable among the participants were senior officers from the Ministry of Education and Human Resources, the Ministry of Women, Family Welfare and Child Development, the Mahatma Gandhi Institute, the Queen Elizabeth College, the Indian Ocean Centre, Islamique Des Mourides, and eminent educationists from the Indian Ocean Island. Presentations





*A Pre-World Education Conference was held at Anandam, Mauritius on 27th April 2008 which highlighted the importance of bringing about refinements in Sai Spiritual Education and Sathya Sai Education in Human Values programmes.*

highlighted the role and function of the Indian Ocean Centre for SSEHV, the ongoing SSE and SSEHV programmes and the needed refinements in the light of the draft Sri Sathya Sai World Foundation Guidelines in circulation for Sathya Sai Schools and Institutes.

### ZAMBIA

A Pre-World National Education Conference was held at The African Institute of Sathya Sai Education (TAISSE) in Zambia from 7th



*In the Pre-World Education Conference held at The African Institute of Sathya Sai Education (TAISSE), Zambia from 7th to 9th January 2008, principles and practices of Sathya Sai Education and training workshops for teachers were discussed.*

to 9th January 2008. Thirty teachers from the three Sathya Sai Schools in Ndola, TAISSE faculty members, and 20 senior officers of the Sathya Sai Organisation attended the conference. Speakers included Sri Victor Kanu, Smt. Genoveva Kanu, Sathya Sai School administrators and senior teachers.

The Pre-World Conference discussed the principles and practices of Sathya Sai Education. Regular training workshops were suggested for Sathya Sai School teachers so that they could become conversant with the principles and the philosophy of Sathya Sai Educare.

### OMAN

The Sultanate of Oman held Sri Sathya Sai Pre-World National Sai Education Conference



*A section of the gathering participating in Sri Sathya Sai Pre-World National Sai Education Conference held in Muscat, Oman on 28th March 2008.*

on 28th March 2008 in Muscat. The conference was organised by the Education Wing of Sri Sathya Sai Organisation of Oman under the leadership of the National Chairperson, Sri G. Venkatesh. 82 participants attended the conference including teachers from Middle East Nursery School, SSE and SSEHV teachers and Sathya Sai Organisation office-bearers. They presented various aspects of Sathya Sai Education, beginning with the teachings of Bhagavan Sri Sathya Sai Baba which underlie Sathya Sai Educare. The participants explored

the historic development of the Sathya Sai Education programmes and institutions. Two well-structured group discussions followed these presentations to prepare the delegates to participate effectively at the World Education Conference in July.

## BOLIVIA

February and March 2008 saw three Sri Sathya Sai Pre-World Conferences organised in La Paz, Sucre and Cochabamba by the National President of the Sathya Sai Organisation in preparation for Sri Sathya



*Three Sri Sathya Sai Pre-World Education Conferences were held in La Paz, Sucre and Cochabamba in Bolivia during the months of February and March 2008 which discussed the themes of true education, the Sathya Sai Educare and teachers as role models in human values.*

Sai World Education Conference in July. Luz Marina Genera, member of the ISSE in Colombia, facilitated a meeting for 30 participants who discussed the themes of true education, the Sathya Sai Educare, the role of teachers as exemplars of human values, and teaching methods, techniques and evaluation.

## AUSTRALIA

A National Sri Sathya Sai Pre-World Conference was organised by the Australian Institute of Sathya Sai Education in March 2008 in Sydney. Sai educationists attending



*The Australian Institute of Sathya Sai Education organised Sri Sathya Sai Pre-World Education Conference in Sydney in March 2008 and deliberated on various aspects of Sathya Sai Educare.*

the meeting included current staff and students of the Institute of Sathya Sai Education, advanced diploma students, SSE teachers, and professional teachers in the Sathya Sai School. The research findings were presented by advanced diploma students of the Australian Institute on the impact of SSEHV on education, health, parenting and youth. National Education Coordinator, Smt. Padma Ayyagari, presented a new vision of a unified, harmonised and consolidated Sathya Sai Education programme for Australia.

## NEW ZEALAND

Sri Sathya Sai Organisation of New Zealand held a National Sri Sathya Sai Pre-World Education Conference in the Mangere community within Auckland on 19th and 20th April 2008. Thirty-eight participants including senior members of the Institute of Sathya Sai Education NZ, SSEHV teachers, the Sai School Principal, and Institute of Sathya Sai Education (ISSE) teachers attended the conference. The major themes discussed were: Spiritual Principles Underlying Sathya Sai Educare; a Comparison of SSEHV and SSE; a Critique of Current Curriculum and Practice; Educational Standards and Quality Assurance; Coordination

between Sai Education Functions and other Activities of the Sathya Sai Organisation; and Priority Action Areas in Sathya Sai Education.

### FIJI

On 6th April 2008, the Sathya Sai Institute of Human Values in Fiji organised a Sri Sathya Sai Pre-World Education Conference at the Sathya Sai School, Drasa, Lautoka, Fiji. Twenty-three participants attended the conference including the Institute staff, Sathya Sai School teachers, SSE teachers and office bearers of the Sathya Sai Organisation of Fiji.

### SINGAPORE

The Singapore Sri Sathya Sai Organisation organised a Sri Sathya Sai Pre-World Education Conference on 5th and 6th April 2008. The event was attended by 216 participants



*216 participants attended Sri Sathya Sai Pre-World Education Conference held in Singapore on 5th and 6th April 2008.*

including Bal Vikas teachers involved in the SSE activities in Singapore and teachers from the Sathya Sai School of Singapore. The two invited keynote speakers, Dr. Art-ong Jumsai and Smt. Loraine Burrows from the Sathya Sai School and Institute in Thailand, explained the purpose of the

World Education Conference and what was required from the deliberations in each country. The spiritual principles underlying Sathya Sai Education were explained and the need for enhancing teacher training and teaching-learning resources were emphasised. Smt. Loraine Burrows, in addition to her talks on the World Conference topics, also conducted a workshop on lesson planning.

These Pre-World Education Conferences gave new momentum to Sathya Sai Education and prepared the delegates from all over the world to effectively participate in the forthcoming Sri Sathya Sai World Education Conference at Prasanthi Nilayam.

– Sri Sathya Sai World Foundation

### BHARAT

**Andhra Pradesh:** Sri Sathya Sai Seva Organisation of East Godavari district has selected 25 out of 162 Girijan villages for all-round development. It has been carrying out service activities in these villages since January 2008 to make the project ideal and exemplary. In this regard, the district conducted 8 free medical camps covering all selected villages and treated 1,449 patients of different ailments. Besides, Bal Vikas classes were conducted in 24 villages, and villagers were provided awareness on health and hygiene.

Warangal district distributed sewing kits to 50 women trainees of the Tailoring Centre at Hanumakonda run by Sri Sathya Sai Mahila Vibhag (women's wing). The district gave Amruta Kalasams to nine poor families in Chilakamma Nagar, two families in Hanumakonda, 11 families in Parakala and five families in Sri Sathya Sai Thanda.

Mahboobnagar district gave training in tailoring to 40 women, in painting to 30 women and in embroidery to 20 women for 30 days at Wanaparathi so as to enable them to eke out their livelihood. This district constructed three water tanks, laid road and made the electricity available in needy parts of Rangapalli village.

Nellore district conducted a veterinary camp in Gowranaram village on 16th March 2008, treating 470 animals. It came to the rescue of four fire-victim families by giving them food provisions, clothes and utensils.

Guntur district built a new Bhajan Mandir in Kunkulagunta village which was inaugurated on 22nd March 2008. On this occasion, Narayana Seva was carried out for three thousand people. The district conducted a free medical camp in Thummulakunta village and treated 140 patients.

West Godavari district distributed eighteen thousand food packets and twenty seven thousand buttermilk packets to pilgrims assembled during Sivarathri at Balive Theertham pilgrim centre. The district gave Amruta Kalasams to nine poor families at Penukonda and started a new Bhajana Mandali in Nadipallikota village.

Khammam district gave Amruta Kalasams (food provisions) to 27 families selected from different villages. The district conducted a free medical camp in Satyanarayanapuram village on 23rd March 2008, treating 130 patients.

Visakhapatnam district conducted a free medical camp in Dibbameedapalem village on 2nd March 2008, treating 190 patients. The district conducted eye camps in two villages, examined 250 patients and selected 36 cases for cataract operations.



*Guwahati Sai Samithi conducted its annual medical camp in collaboration with Uparhali-Sarpara Samithi on 27th May 2008 in a tribal area wherein more than 50 doctors examined about 700 patients and distributed free medicines to them.*

**Assam:** Guwahati Sai Samithi in collaboration with Uparhali-Sarpara Samithi successfully conducted its annual free medical camp on 27th May 2008 at Mairapur Middle English School at Rani, a predominantly tribal area. In this camp, 704 patients were treated by the doctors mainly drawn from Guwahati Medical College. Altogether 50 doctors of different departments like medicine, paediatrics, orthopaedics, surgery, dental, gynaecology, dermatology, ENT and ophthalmology rendered free treatment to the patients. Medicines were given free to the patients. Pharmacists and Seva Dal workers extended their full co-operation in order to make the programme a grand success.

**Gujarat:** In order to provide medical facilities to villagers of interior areas, a mobile medical van with general medicine, cardiogram, laboratory, eye department and mother and childcare facilities has been procured by Sri Sathya Sai Seva Samithi, Bhavnagar. On the occasion of its inauguration, a





*A mobile medical van has been procured by Sri Sathya Sai Seva Samithi, Bhavnagar to extend medical facilities to villagers of interior areas.*

mega heart check-up camp was organised by Sri Sathya Sai Seva Samithi, Bhavnagar with the help of Sri Sathya Sai Heart Hospital, Rajkot. In the camp, about 250 patients were checked, 19 patients were given dates for operation and 62 patients were advised angiography.

**Haryana and Chandigarh:** A group of 17 Sai Youth of Rewari district along with Seva Dal members conducted a rural medical camp at Government High School, Ramgarh Bhagwanpur village in coordination with a large number of villagers led by the village head. 239 patients were checked by experts and given free medicines. The patients who needed further medical care were referred to General Hospital with Samithi's follow-up team.

Ambala district also conducted a multi-faculty medical camp at Government Primary School, Kardhan village with eye, gynaecology, orthopaedics, paediatrics and heart specialities wherein 548 patients were examined. 18 patients were identified for operation and one physically challenged person was adopted for thigh bone operation.

Narayana Seva was conducted, feeding all the 650 participants.

Yamunanagar district adopted one more village named Kishanpura on 20th April 2008. Weekly Bhajans were started in the village and ten Bal Vikas children were enrolled.

Faridabad district extended its activities by opening a new Bhajan Mandali at Ballabgarh town. It conducted a Bhajan in Satsang Hall opposite city park in the heart of the township. Swami's teachings and His divine mission were explained to the people gathered in the hall. Some of them voluntarily came forward to serve the area regularly.

The Youth Wing of Panchkula district conducted door-to-door survey of adopted villages – Naggal, Moginand and Nada – and



*A blood donation camp was organised by Sai Youth in Panchkula in which 212 volunteers donated 155 units of blood.*

encouraged the village youth to take part in Sai activities. They conducted a big blood donation camp at a local school in Panchkula in coordination with a team of doctors of the Blood Bank, PGI, Chandigarh wherein 212 volunteers offered 155 units of blood.



## Sound and Resound

ONCE A YOUNG COWHERD TOOK his herd of cattle for grazing to a mountainous region. To pass his time, he started singing a song there. He heard the resound of his song which came



*The young cowherd did not understand that it was the echo that he heard of whatever he said.*

from somewhere. The young man had no knowledge of the echo. Therefore, he felt perturbed and said to himself, "Who is that who is mimicking my voice and singing the song sung by me!" He shouted loudly, "Who is there? Hey! Who are you?" He heard his own words again coming from somewhere, "Who is there? Hey! Who are you?" Then the young man said, "Tell your name." And he heard the same words. At this, he became angry and shouted, "Shut up." But again he heard back, "Shut up." The young

man then said, "I will catch hold of you and beat you." But the same words came back to him once again. The cowherd searched for the person who was mimicking his words but could not find anyone anywhere. Thinking that there was someone who was his enemy and was teasing him without being seen, he came back home with his herd of cattle.

On reaching home, he told his mother, "Amma! There is someone who is teasing me and making me angry. He insults me by



*The cowherd was very much upset to hear the echo and told his mother there was someone who was teasing him.*

mimicking my voice and by singing the song sung by me. When I searched for him, I did not find anybody." The next day, the cowherd's mother went with him to the mountainous region and understood the





*Whatever good or bad you say or do will come back to you like echo.*

entire situation. She was a wise woman and made his son understand the reality. She said to him, “Dear son! There is nobody else who is abusing or insulting you. It is the echo of your own voice that you are hearing.”

In whatever way you speak and conduct yourself, you experience the same in your life. Therefore, do not hate or harm anybody. Both happiness and sorrow, good and bad exist in this world. You yourself are the cause of what you experience. Understand this truth.

Accumulation of riches, multiplication of wants – these lead only to alternation between joy and grief. Asakti (attachment) is Maraka (destroyer); Anasakti (detachment) is Taraka (saviour). A millionaire pays income tax with tears in his eyes; a headmaster joyfully gives up the furniture and laboratory appliances of his school when he is transferred to some other place. Why? Because the headmaster knows that he is only the caretaker, not the owner. He is not attached to these articles; he knows that they belong to the government. So, too, feel that your family, your house, your fields, your car are all the Lord’s property and that you are only the trustee. Be ready to give them up without a murmur at a moment’s notice.

*– Baba*



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*Director*

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*Limited Cannot Know  
the Unlimited*

You clamour for further experience of My Divine nature and ask that your faith might be strengthened thereby. To know the taste of sea water, putting a drop on the tongue should be enough; there is no need to drink the whole lot. It is your waywardness, your egoism, your pride that make you doubt and deny what you have once tasted. Is not one experience enough? Well, let Me ask: how can the limited know the depth of the Unlimited? How can the ant delve into the mountain? It is beyond you to know how or why I create things in My hand.

– Baba

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